

MBS | FITNESS

MEMBERSHIP APPLICATION

Name: _____ Card Type: _____

Address: _____ Card Number: _____

_____ Expiration Date: _____

E-mail: _____ Name on Card: _____

Phone: _____

\$60 per month • \$30 per addition
\$600 individual yearly • \$900 couple yearly
\$5 nonmember training fee • \$10 guest fee

Tour • Sign Up • Class • Nonmember Access Key #: _____

Guest of: _____ MBS Team Member: _____

Memberships require a credit card on file and an activation fee of \$25 • Dues are automatically drafted on a recurring basis each month • Cancellations must be made in writing a minimum of one week prior to the billing date • Members must be 18 years of age or older, or work under the direct supervision of a trainer • Members must accompany guests and are responsible for guest fees of \$10 per day and/or \$30 per week for gym use only • Pool is for tenants and gym members only; no children, family members, or guests • Scheduled appointments require a 24 hour cancellation notice or may be subject to a late cancel fee • Group rates are applied to groups of two or more and rates are per person • Pending early cancellation, group rates will default to individual training rates • No refunds or exchanges

Informed Consent Waiver

In consideration of being permitted to enter Mind, Body & Soul/MBS for any purpose, including, but not limited to observation, use of facilities or equipment or participation in any way, the undersigned hereby acknowledges that he or she has or immediately upon entering will inspect such premises. It is further warranted that such entry into Mind, Body & Soul/MBS for observation, participation or use of any facilities constitutes an acknowledgement that such premises and all facilities and equipment thereon have been inspected and that the undersigned finds and accepts same as being safe and reasonably suited for observation or use.

The undersigned has enrolled in a program of strenuous activity including but not limited to weight training, cardiovascular exercise, boxing, yoga, martial arts, various aerobic conditioning offered by Mind, Body & Soul/MBS. I hereby affirm that I am in good physical condition and do not suffer from any disability which would prevent or limit my participation in this exercise program.

In consideration of my participation in Mind, Body & Soul/MBS's exercise programs or use of facilities on my own, I, for myself, my heirs, and assigns, hereby release Mind, Body & Soul/MBS from any claims, demands, and causes of action arising from my participation in the exercise program or use of the facilities on my own.

I fully understand that I may injure myself as a result of my participation in Mind, Body & Soul/MBS exercise programs or unsupervised activity in facility and I hereby release, Mind, Body & Soul/MBS from any liability now or in the future including, but not limited to heart attacks, muscle sprains, pulls or tears, broken bones, shin splints, heat prostration, knee/lower back/foot injuries and any other illness, soreness or injury however caused, occurring during, or after my participation in the exercise program or unsupervised activity in the facility.

I hereby affirm that I have read and fully understand the above.

Name

Signature

Date