

MBS | FITNESS

TRAINING RATES

PERSONAL TRAINING / PILATES

INDIVIDUAL SESSIONS

60 MINUTES \$80

45 MINUTES \$60

30 MINUTES \$40

GROUP SESSIONS

60 MINUTES \$50

45 MINUTES \$40

30 MINUTES \$30

EXECUTIVE PROGRAM

ADVANCE PAYMENT OF \$1000
EARNs EXEMPT MEMBERSHIP STATUS

ADVANCE PAYMENT OF \$5000
EARNs A 5% DISCOUNT
ON ALL TRAINING SESSIONS
AND EXEMPT MEMBERSHIP STATUS

ALL APPOINTMENTS REQUIRE A 24 HOUR CANCELLATION NOTICE

NO REFUNDS ON TRAINING SESSIONS OR MEMBERSHIP

NONMEMBER TRAINING FEE
\$5 PER VISIT

GUEST FEES
\$10 DAILY • \$25 PER WEEK

MBSFITNESS.NET | 210.412.0398