



KING WILLIAM
 1115 S. Alamo St.
 San Antonio, TX 78210

First Class: **FREE** First Week Unlimited: **\$20**
 Drop-in: **\$15** Ten Pack: **\$125**
 Monthly Unlimited: **\$125**

10% discount for residents, students, military and KWA members

SUN	MON	TUE	WED	THU	FRI	SAT
	6:00 AM POWER YOGA with Duane *	6:00 AM POWER YOGA with Marissa *	6:00 AM POWER YOGA with Marissa *	6:00 AM POWER YOGA with Duane *	6:00 AM POWER YOGA with Duane *	
			7:00 AM SLOW FLOW with Nicole ☺			9:30 AM VINYASA FLOW with Marissa *
	9:00 AM HATHA FLOW with Nicole ☺	9:00 AM PILATES with Mark ☺	9:00 AM HATHA FLOW with Ashley ☺	9:00 AM PILATES with Mark ☺		9:30 AM KUNDALINI with Nicole ☺
10:30 AM VINYASA FLOW with Marissa ☺		10:30-11:30 AM KUNDALINI with Nicole ☺		10:30-11:30 AM KUNDALINI with Nicole ☺		11:00 AM POWER YOGA with Marissa *
	NOON YOGA FOR LUNCH with Stephen *	NOON YOGA FOR LUNCH with Stephen *	NOON YOGA FOR LUNCH with Nicole *	NOON YOGA FOR LUNCH with Stephen *	NOON YOGA FOR LUNCH with Nicole *	NOON RIDE & YOGA (2nd Saturday)
	4:30 PM HEATED VINYASA with Marissa *	5:30 PM HEATED VINYASA with Stephen *	4:30 PM HEATED VINYASA with Mark *	5:30 PM HEATED VINYASA with Stephen *	4:30 PM HEATED VINYASA with Marissa *	
	6:00 PM ASHTANGA LED PRIMARY with Dustin *	5:30 PM PILATES with Mark ☺	6:00 PM HEATED VINYASA with Mark *	5:30 PM PILATES with Mark ☺	6:30 PM HAPPY HOUR YOGA	
	6:00 PM MOON SALUTATION with Nicole ☺	7:00 PM TEEN YOGA with Jasmine ☺	6:00 PM BARRE with Arielle ☺		8:00 PM ACROJAM (First Friday)	
		7:00 PM ACROYOGA with Mark		7:00 PM ACROYOGA with Giang		